

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies						
Breaking Free From Partner Abuse	1	You Don't Deserve Abuse	0.3.1	1.3.1	1.3.4	1.5.1	1.5.2	7.6.1	7.6.3
Breaking Free From Partner Abuse	2	Your Rights	1.3.1	1.4.5	1.5.1	1.5.2	1.5.3	1.5.4	1.5.5
			7.6.1	7.6.2	7.6.3	7.6.4	7.6.5	7.6.6	
Breaking Free From Partner Abuse	3	To Leave or Not to Leave	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	1.1.7
			1.3.1	1.3.2	1.5.1	1.5.5	7.10.4	7.10.5	7.10.6
			7.2.1	7.2.2	7.2.3	7.2.4	7.2.6	7.3.5	7.3.6
			7.6.1	7.6.2	7.6.3	7.6.4	7.9.1		
Breaking Free From Partner Abuse	4	I Can't Leave	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	0.3.5
			0.3.6	1.3.1	1.3.2	1.3.3	1.3.4	1.5.6	4.1.1
			5.1.1	5.1.2	7.6.1	7.6.2	7.6.3	7.6.4	7.6.5
			7.6.6						
Breaking Free From Partner Abuse	5	Getting Perspective on Violence	7.6.1	7.6.2	7.6.3	7.6.4	7.6.5	7.6.6	
Breaking Free From Partner Abuse	6	Lesbian Battering	7.6.1	7.6.5	7.6.6				
Breaking Free From Partner Abuse	7	Asking the Right Questions	7.6.1	7.6.3	7.6.4				
Breaking Free From Partner Abuse	8	Taking Care of Yourself	7.6.4	7.6.5	7.6.6				
Breaking Free From Partner Abuse	9	Women's Shelter Movement	7.6.6						
Caring & Commitment	1	Caring, Commitment & Change	0.3.1	0.3.2	0.3.3	0.3.4	1.3.3	7.2.1	7.2.2
			7.2.5	7.3.1	7.3.2				
Caring & Commitment	2	Choosing a Partner	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	1.2.3
			7.2.1	7.2.2	7.2.5	7.2.6	7.3.1	7.3.2	7.3.5
			7.4.1	7.4.2					
Caring & Commitment	3	Making the Decision	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	1.5.1
			7.3.1	7.3.2	7.3.3	7.3.4	7.3.5	7.9.1	
Caring & Commitment	4	Communicating with Your Partner	0.3.1	0.3.3	0.3.4	0.3.5	7.2.1	7.2.2	7.2.5
			7.2.6	7.3.1	7.3.2				
Caring & Commitment	5	When words become arguments	0.3.1	0.3.3	0.3.5	7.8.1	7.8.2	7.8.3	7.8.4
			7.8.5	7.8.6	7.8.7				

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Caring & Commitment	6	Keeping Romance Alive	0.3.1	0.3.3	0.3.4	7.2.1	7.2.5	7.2.6	7.3.1	
			7.3.2	7.3.3	7.3.5	7.4.1				
Caring & Commitment	7	Sex Begins in the Kitchen	0.3.1	0.3.3	0.3.4	3.4.1	3.4.2	7.2.1	7.2.2	
			7.2.5	7.2.6	7.3.1	7.3.2	7.3.3	7.3.5		
Caring & Commitment	8	Building Trust Not Jealousy	1.3.1	1.3.2	1.3.4	7.2.1	7.2.2	7.2.5	7.2.6	
			7.3.1	7.3.2	7.3.4	7.4.8				
Caring & Commitment	9	Alcohol & Drugs-Time for Recovery	7.4.4							
Caring & Commitment	10	People are not For Hitting	7.3.6	7.6.1	7.6.2	7.6.3	7.6.4	7.6.5	7.6.6	
Caring & Commitment	11	Sometimes a Relationship Ends	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	0.4.1	
			0.4.4	1.1.4	1.5.6	7.4.1	7.4.3	7.4.8	7.6.1	
			7.6.2	7.6.3	7.6.4	7.6.5	7.8.1	7.8.2	7.8.3	
			7.8.4	7.8.5	7.8.6	7.8.7	7.8.8			
Caring & Commitment	12	Leanne & Gregg-Love and Caring	0.3.1	0.3.3	7.2.1	7.2.2	7.2.5	7.2.6	7.3.1	
			7.3.2	7.3.5	7.4.1	7.4.10	7.4.2	7.4.9		
Challenge of Toddlers	1	He's One-He'll Be Running (12-18 months)	5.2.1	5.2.2	5.3.1	5.4.1	5.5.1	5.5.2		
Challenge of Toddlers	2	She's Struggling for Independence (18-24 mont	5.1.4	5.2.2	5.2.4	5.3.1	5.3.2	5.3.4	5.4.3	
			5.4.5	5.5.3	5.5.4					
Challenge of Toddlers	3	Active Play-A Toddler's Work (12-24 months)	5.2.2	5.2.4	5.2.5	5.3.1	5.3.3	5.3.4	5.4.1	
			5.4.3	5.5.2	5.5.6	5.5.7				
Challenge of Toddlers	4	Her Imagination Soars (12-24 months)	5.2.2	5.2.4	5.2.5	5.3.1	5.3.3	5.3.4	5.4.1	
			5.4.3	5.5.1	5.5.2	5.5.6	5.5.7			
Challenge of Toddlers	5	Dad's Ahead If He's Involved	5.5.4	5.5.7	5.6.1	5.6.4	5.6.5	5.8.2		
Challenge of Toddlers	6	Mealtime for Toddlers 12-36 Months	6.1.4	6.1.5	6.1.6					
Challenge of Toddlers	7	Importance of Sleep (12-36 months)	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	5.5.3	
			5.5.4	5.5.5	5.5.6	5.7.3	5.8.2	5.8.4	5.8.5	

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Book Name	Chapter #	Title	Competencies																									
Challenge of Toddlers	8	Your Amazing Two-Year-Old	5.2.1	5.2.2	5.2.4	5.2.5	5.3.1	5.3.2	5.3.3	5.4.1	5.4.2	5.4.3	5.4.4	5.4.5	5.5.2	5.5.3	5.5.4	5.5.5	5.5.6	5.5.7	5.6.1	5.7.1	5.7.3	5.8.2	5.8.3			
Challenge of Toddlers	9	Playing with Your Two-Year-Old	5.1.4	5.5.4	5.5.5	5.5.6	5.5.7	5.6.1	5.7.1	5.7.4	5.8.2	5.8.3	6.2.6	6.3.5														
Challenge of Toddlers	10	Guarding Your Toddler's Health and Safety	5.5.5	5.5.6	5.5.7	5.6.1	5.7.4	5.8.2	6.2.1	6.2.5	6.3.1	6.3.2	6.4.4	6.5.1	6.5.2	6.5.3	6.5.6											
Challenge of Toddlers	11	Protecting Your Child From Sexual Abuse	5.1.2	5.1.3	5.1.4	5.8.2	6.3.1	6.3.2	6.3.3	6.3.4	6.5.1	6.5.2	6.5.4	6.5.5	6.5.6	7.7.1	7.7.2	7.7.3	7.7.4	7.7.5								
Challenge of Toddlers	12	The Partnership Challenge	3.4.1	3.4.2	3.4.3	3.4.4	4.2.2	7.2.1	7.2.2	7.2.4	7.2.5	7.2.6	7.2.7	7.3.1	7.3.2	7.3.5												
Challenge of Toddlers	13	Gang Involvement Versus Parenting	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	7.1.1	7.1.2	7.1.3	7.1.4	7.2.1	7.2.2	7.2.3	7.4.1	7.4.2	7.4.3	7.4.4	7.4.8	7.5.1	7.5.2	7.6.1	7.6.2	7.6.3	7.6.4	7.6.5	7.6.6
Challenge of Toddlers	14	Your Future-Your Child's Future	6.5.6	7.10.5	7.10.6	8.1.1	8.1.2	8.1.3	8.1.4	8.1.5	8.1.6	8.1.7	8.1.8	8.5.1	8.5.2	8.5.3	8.5.4	8.7.6										
Coping With Reality	1	Coping With Reality	7.3.1	7.3.3	7.4.2	7.4.7	7.4.9	8.5.2	8.5.3																			
Coping With Reality	2	Living With Your In-Laws	7.2.6	7.3.1	7.3.2	7.4.1	7.4.2	7.4.3	7.4.6																			
Coping With Reality	3	Sharing the Tasks of Living	7.2.1	7.2.4	7.3.3	7.4.1																						
Coping With Reality	4	Three Meals a Day-Forever	6.1.1	6.1.10	6.1.3	6.1.7																						
Coping With Reality	5	Dollars Make a Difference	6.1.6	6.1.7	7.4.10	7.4.9																						
Coping With Reality	6	Less Stress With a Budget	7.10.5	7.4.9	8.5.1	8.5.2	8.5.3	8.5.4																				

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Coping With Reality	7	The Challenge of Finding a Job	6.6.1	6.6.2	6.6.3	6.6.6	6.6.9			
Coping With Reality	8	Pregnancy Brings Change	2.1.15	2.1.4	2.3.1	2.3.2	2.3.3	2.3.4	2.3.5	
			2.5.1	2.9.8	7.3.1					
Coping With Reality	9	Child-Created Commotion	2.3.1	3.2.4	3.2.5	3.3.3	3.3.5	4.1.1	4.1.10	
			4.1.2	4.2.6	6.7.2	6.7.3	6.7.4	6.8.1	6.8.2	
			6.8.4							
Coping With Reality	10	Your Next Baby-When?	2.2.5	2.4.1	2.4.2	2.4.3	2.4.4	2.4.6	3.4.1	
			3.4.2	3.4.3	3.4.4					
Coping With Reality	11	Donna & Tino-Ten Years Together	6.8.2	6.8.4	6.8.5	7.1.1	7.2.1	7.2.4	7.2.5	
			7.2.6	7.2.7	7.3.2	7.3.3	7.3.4	8.5.1	8.5.2	
			8.5.3	8.5.4	8.6.1					
Discipline From Birth To 3	1	Discipline Is Important!	6.7.1	6.7.2	6.7.3					
Discipline From Birth To 3	2	Infants and Discipline	6.7.6							
Discipline From Birth To 3	3	He's Crawling-Help!	5.1.3	5.2.2	5.3.3	5.4.5	5.6.3	6.7.6		
Discipline From Birth To 3	4	Child-Proofing as Discipline	6.3.1	6.3.2						
Discipline From Birth To 3	5	One to Two Years-Into Everything!	6.7.3	6.7.4	6.7.5					
Discipline From Birth To 3	6	Yelling, Spanking Don't Help	4.1.6	4.1.9	6.7.5	6.7.6				
Discipline From Birth To 3	7	Two to Three Years-Your Busy Runabout	5.1.4	5.2.4	5.5.4	5.5.7	6.7	7.4.6		
Discipline From Birth To 3	8	Dealing with Child's Temper Tantrum	5.2.1	5.5.3	5.5.4	5.7.3	5.8.1	5.8.4	5.8.5	
Discipline From Birth To 3	9	Don't Rush Toilet Teaching	5.3.2	5.7.1	6.7.6					
Discipline From Birth To 3	10	Teaching Your child to Avoid Violence	5.7.4	6.3.3	7.6.1	7.6.4				
Discipline From Birth To 3	11	Focus on Mom and Dad	0.1.2	0.1.3	3.3.3	3.3.5	4.1.2	4.1.4	4.1.5	
			4.1.8	5.1.1	5.5.1	5.8.1	5.8.2	5.8.3	5.8.4	5.8.5
			5.8.5	5.8.6	6.7.2	6.8.2	6.8.3	6.8.4	6.8.5	
			6.8.6							

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Discipline From Birth To 3	12	When Too Much Goes Wrong	7.5.4 7.5.5 7.5.6
Discipline From Birth To 3	13	When Grandparents Help Discipline	0.3.2 3.2.5 4.1.10 4.2.6 7.10.1 7.4.10 7.4.2 7.4.7 7.4.9 7.8.1 7.8.2 7.8.3 7.8.4 7.8.5 7.8.6 7.8.7 7.8.8 7.8.9
Discipline From Birth To 3	14	Ten Strategies that Work	0.3.1 0.3.2 0.3.3 0.3.4 0.3.5 0.3.6 1.3.1 1.3.2 1.3.3 4.1.1 4.1.2 4.1.3 4.1.4 4.1.5 5.7.3 5.8.1 5.8.2 5.8.3 5.8.4 5.8.5 5.8.6 6.7.2 6.7.6
Nurturing Your Newborn	1	Coming Home with Your Baby	3.2.1 3.2.2 3.2.3 3.2.4 3.2.5 3.2.6 3.3.10 3.3.13 3.3.3
Nurturing Your Newborn	2	Feeding and Loving Your Newborn	3.1.1 3.1.2 3.1.3 3.1.4
Nurturing Your Newborn	3	Observing Your Wonderful Newborn	3.3.1 3.3.2 3.3.3
Nurturing Your Newborn	4	Baby's Goal-To be Comfortable	3.3.5 3.3.6 3.3.7 3.3.8 3.3.9
Nurturing Your Newborn	5	Guarding Infants Health and Safety	3.1.5 3.3.10 3.3.11 3.3.12 3.3.13 3.3.16 3.3.17 6.5.1 6.5.2 6.5.3 6.5.4 6.5.5 6.5.6
Nurturing Your Newborn	6	Dad's a Parent Too	4.2.1 4.4.1 4.4.2 4.4.3 4.4.4 5.1.1 5.1.2 5.1.3 5.1.4 7.10.2 7.10.3 7.10.4 7.10.5 7.10.6 7.4.9
Nurturing Your Newborn	7	Focus on Mom and Extended Family	0.1.1 0.1.2 0.1.3 4.1.10 4.1.5 4.2.2
Nurturing Your Newborn	8	Baby and Parents-Changing Rapidly	0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 3.4.1 3.4.2 3.4.3 3.4.4 6.6.3 6.6.4 6.6.8
Surviving Teen Pregnancy	1	Are You Really Pregnant?	2.1.1 2.1.2
Surviving Teen Pregnancy	2	You Are Not Alone	2.1.15
Surviving Teen Pregnancy	3	Taking Care of You and Your Baby	2.2.1 2.2.3 2.3.2 2.3.3 2.3.4 2.3.9

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Surviving Teen Pregnancy	4	Abortion-A Difficult Choice	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	1.3.1
			1.3.2	1.3.3	1.3.4	1.5.1	1.5.2	1.5.3	1.5.4
			1.5.5	1.5.6					
Surviving Teen Pregnancy	5	Adoption Is an Option	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	1.3.1
			1.3.2	1.3.3	1.3.4	1.5.1	1.5.2	1.5.3	1.5.4
			1.5.5	1.5.6	2.1.15.				
Surviving Teen Pregnancy	6	Choosing Active Parenting	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	1.3.1
			1.3.2	1.3.3	1.3.4	1.5.1	1.5.2	1.5.3	1.5.4
			1.5.5	1.5.6					
Surviving Teen Pregnancy	7	It's Your Decision	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	1.4.1
			1.4.7	1.5.1	1.5.2	1.5.3	1.5.4	1.5.5	1.5.6
			2.1.15	2.3.1	4.2.1	4.2.2			
Surviving Teen Pregnancy	8	Social Insecurity-Boyfriends and Others	0.3.1	0.3.2	0.3.3	0.3.4	0.3.5	0.3.6	7.1.1
			7.1.2	7.1.3	7.1.4	8.5.1	8.5.2	8.5.3	8.5.4
Surviving Teen Pregnancy	9	Money Matters	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	0.4.1
			0.4.2	0.4.3	0.4.4	0.4.5	0.4.6	1.4.1	1.4.2
			1.4.3	1.4.4	1.4.5	1.4.6	1.4.7	1.4.8	1.5.1
			1.5.5	1.5.6	2.3.1				
Surviving Teen Pregnancy	10	Birth Control Means Life Control	3.4.1	3.4.2	3.4.3	3.4.4			
Surviving Teen Pregnancy	11	Getting What You Want	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	1.3.1
			1.3.4	8.1.1	8.2.4	8.3.1			
Surviving Teen Pregnancy	12	Following Your Dreams	1.3.4						
Teen Dads	1	Especially for Dad	4.2.3	4.2.4	4.2.5	4.2.6	4.4.1	4.4.2	4.4.3
			4.4.4	7.10.5	7.10.6				
Teen Dads	2	Is She Pregnant?	0.2.3	0.2.4	0.2.5	2.1.2	2.1.3	2.1.4	2.1.5
			2.1.6	2.3.1	4.2.2	4.4.3	4.4.4	4.4.5	8.1.1
			8.1.2						
Teen Dads	3	Parenting Starts with Pregnancy	2.1.14	2.2.1	2.2.7	2.3.3	2.3.4	2.3.5	

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Teen Dads	4	Baby's Development Before Birth	2.1.7	2.1.8	2.1.9					
Teen Dads	5	The Birth of Your Baby	2.5.1	2.5.10	2.5.2	2.5.3	2.5.4	2.5.5	2.5.6	2.5.7
Teen Dads	6	Caring for Your Newborn	3.1.1	3.1.2	3.1.3	3.1.4	3.1.5	3.2.1	3.2.2	3.2.4
			3.3.1	3.3.2	3.3.3	3.3.5	3.3.6	3.3.7		
			3.3.9	5.7.2	7.10.5	7.10.6				
Teen Dads	7	When He's Crawling-Watch Out!	3.1.3	3.3.3	3.3.5	4.1.5	5.1.1	5.2.2	5.3.4	5.4.1
			5.4.5	5.5.2	5.5.6	5.6.4	5.7.2	5.8.2		
			6.2.5	6.2.6	6.3.5					
Teen Dads	8	Good Food for Babies and Toddlers	5.2.1	5.2.2	6.1.1	6.1.10	6.1.2	6.1.4	6.1.5	6.1.6
			6.1.7	6.1.8	6.1.9					
Teen Dads	9	Health and Safety for Your Child	6.3.1	6.3.2	6.3.3	6.3.4	6.3.5	6.3.6	6.3.7	6.3.8
			6.4.4	6.5.1	6.5.2	6.5.3	6.5.4	6.5.5		
			6.5.6							
Teen Dads	10	She's One- She'll Be Running	5.3.3	5.3.4	5.4.5	5.8.1	5.8.2	5.8.3	5.8.4	5.8.5
			5.8.6	6.7.1	6.7.2	6.7.3	6.7.4	6.7.5	6.7.6	
			6.7.6							
Teen Dads	11	Your Amazing Two-Year-Old	4.2.6	4.4.3	5.2.1	5.2.2	5.3.1	5.3.2	5.3.3	5.3.4
			5.4.5	5.6.3	5.6.4	6.8.1	6.8.2	6.8.3		
			6.8.4	6.8.5	6.8.6					
Teen Dads	12	Discipline from Birth to Three	5.8.1	5.8.2	5.8.3	5.8.4	5.8.5	6.7.1	6.7.2	6.7.3
			6.7.4	6.7.5	6.7.6					
Teen Dads	13	The Partnership Challenge	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	0.3.1	0.3.2	0.3.3
			0.3.4	0.3.5	0.3.6	4.2.6	4.4.3	6.8.1		
			6.8.2	6.8.3	6.8.4	6.8.5	6.8.6	7.2.1	7.2.2	7.2.3
			7.2.4	7.2.5	7.2.6	7.3.1	7.3.2	7.6.1		
			7.6.2	7.6.3	7.6.4	7.6.5	7.6.6	7.8.1	7.8.2	7.8.3
			7.8.4	7.8.5	7.8.6	7.8.7	7.8.8	7.8.9		



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Teenage Pregnancy (New Futures)	13	Hello, Stranger!	3.1.1	3.1.2	3.1.3	3.3.1	3.3.10	3.3.16	3.3.17	3.3.4	3.3.7	3.3.8	3.3.9																		
Teenage Pregnancy (New Futures)	14	"Mama!" (Is that me?)	1.3	1.5	3.2.4	3.2.5	3.3.5	4.1	4.1.10	4.2.2	4.2.4																				
Teenage Pregnancy (New Futures)	15	Adoption: Another Choice	0.2.1	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	4.2.1	4.2.5	4.4.3	4.4.4																			
Teenage Pregnancy (New Futures)	16	Family Planning: What's right for you?	3.4.1	3.4.4																											
Teenage Pregnancy (New Futures)	17	For the father of the baby	1.1.6	1.2.1	1.2.2	1.2.3	1.2.4	1.3.3	2.5.10	2.5.5	2.5.6	4.1.4	4.1.5	4.2.0	4.2.1	4.2.2	4.2.3	4.2.4	4.2.5	4.2.6	4.3.4	4.4.1	4.4.3	6.8.1	6.8.2	6.8.3	6.8.4	6.8.5			
Your Baby's 1st Year	1	Beginning Life With Your Baby	3.1.5	3.2.4	3.3.1	3.3.10	3.3.14	3.3.5	3.3.9																						
Your Baby's 1st Year	2	Food-Along with Love	3.1.1	3.1.2	3.1.3	3.1.4	3.1.5																								
Your Baby's 1st Year	3	His World Changes (0-4 months)	3.3.5	3.39	5.11	5.12	5.13																								
Your Baby's 1st Year	4	Health Care for Your Baby	3.3.14	3.3.16	3.3.17	3.3.6	3.3.9	6.2.1	6.2.2	6.2.3																					
Your Baby's 1st Year	5	For Dad Only	3.2.4	4.2.1	4.4.1	8.1.1	8.1.2	8.1.3																							
Your Baby's 1st Year	6	If Mom Is Alone	4.4.1	4.4.2	4.4.3	4.4.4	4.4.5																								
Your Baby's 1st Year	7	Three Generation Living	1.2.1	1.2.2	1.2.4	1.5.4	1.5.5	4.1.10																							
Your Baby's 1st Year	8	Baby is Much More Active	5.2.1	5.2.2	5.3.1	5.3.2	5.6.1	5.6.2	5.6.4																						
Your Baby's 1st Year	9	Accident-Proofing Your Home	6.3.2	6.3.7																											
Your Baby's 1st Year	10	Baby's First Solid Food	5.1.4	6.1.1	6.1.2																										
Your Baby's 1st Year	11	Playing with Your Baby	5.2.2	5.6.4																											
Your Baby's 1st Year	12	He's Into Everything!	5.2.1	5.7.3																											

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Your Baby's 1st Year	13	Time for Table Food	6.1.1 6.1.4 6.1.7
Your Baby's 1st Year	14	Enjoying/Teaching Your Child	5.2.1 5.2.2 5.2.5 5.3.3 5.3.4 5.4.5
Your Baby's 1st Year	15	Working Toward Your Future	3.4.1 3.4.2 3.4.3 3.4.4 8.1.1 8.1.2 8.1.3 8.1.8 9.4.5
Your Preg. & NB Journey	1	Parenting Starts with Pregnancy	0.3.1 0.3.4 0.3.6 0.4.6 1.2.2 1.2.4 1.3.3 1.4.5 1.4.6 1.5.3 2.1.15 2.1.2 2.1.6 7.10.4 8.1.1 8.1.8
Your Preg. & NB Journey	2	Dealing with Minor Discomforts	2.1.11 2.1.12 2.1.14 2.1.9
Your Preg. & NB Journey	3	Your Baby's Development	2.1.8
Your Preg. & NB Journey	4	Eating Right for Baby and You	2.2.1 2.2.3 2.2.4 2.2.5 2.2.6 2.2.7 2.3.2 2.3.3
Your Preg. & NB Journey	5	"No" to Smoking, Drugs, Alcohol	2.1.20 2.3.3 2.3.4
Your Preg. & NB Journey	6	"No" to Smoking, Drugs, Alcohol	0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.5 1.2.2 1.3.1 1.3.2 1.3.3 1.3.4 1.5.1 1.5.2 1.5.3 1.5.4 1.5.5 1.5.6 4.2.1 4.4.1
Your Preg. & NB Journey	7	Preparing for Labor and Delivery	? 2.3.9
Your Preg. & NB Journey	8	Your Baby Is Born	2.5.10 2.5.11 2.5.2 2.5.3 2.5.4 2.5.5 2.5.6 2.5.9 3.3.4
Your Preg. & NB Journey	9	Babies with Special Needs	0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 1.2.2 1.5.1 1.5.2 1.5.3 1.5.4 1.5.5 1.5.6 4.2.2 4.2.3 4.3.6
Your Preg. & NB Journey	10	Your Fourth Trimester	1.5.4 1.5.5 3.2.1 3.2.2 3.2.4 3.2.5 3.3.3
Your Preg. & NB Journey	11	Feeding Your Newborn	3.1.1 3.1.2 3.1.4 3.1.5
Your Preg. & NB Journey	12	What Does a New Baby Do?	3.3.1 3.3.13 3.3.2 3.3.3 3.3.5 3.3.6 3.3.7 3.3.8 3.3.9
Your Preg. & NB Journey	13	Especially for Dad	2.1.3 2.1.4 2.3.1 3.2.4 3.2.5 4.2.1 4.4.1

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Your Preg. & NB Journey	14	Another Baby When	3.4.1 3.4.2 3.4.3 3.4.4
Parenting Rewards and Responsibilities	1	Why Study Parenting	0.2.1 0.2.4 0.4.2 4.1.2 4.2.3
Parenting Rewards and Responsibilities	2	Developing Parenting Skills	1.3.3 1.5.1 4.1.1 4.1.10 4.1.2 4.2.4 4.2.6 4.2.7 6.8.1 6.8.2 6.8.3
Parenting Rewards and Responsibilities	3	Approaches to Parenting	4.1.1 4.1.2 4.1.3 4.2.5
Parenting Rewards and Responsibilities	4	Parenting in the Family	0.1 0.2.5 0.3.5 1.4.2 4.1.2 4.1.3 4.1.5 4.2.1 4.2.4 4.3.1 5.1.1 8.5.1 9.4.2 9.4.3 9.5.1 9.5.4
Parenting Rewards and Responsibilities	5	Personal Readiness	0.2.4 0.2.5 0.2.6 0.3.2 1.1.2 1.1.4 1.1.6 1.3.4 1.4.1 1.4.7 2.2.1 7.2.6 8.1.1 8.1.2 8.1.4
Parenting Rewards and Responsibilities	6	Teens and Parenting	0.4.2 2.1.10 2.1.11 2.1.15 2.3.2 2.3.3 2.4.4 2.5.8 3.4.1 3.4.2 3.4.3 3.4.4 4.1.10 4.2.7 4.3.6
Parenting Rewards and Responsibilities	7	Planning a Family	1.1.1 1.1.3 1.1.6 2.1.3 2.3.3 3.4.1 3.4.2 3.4.3 3.4.4
Parenting Rewards and Responsibilities	8	Pregnancy	2.1.1 2.1.11 2.1.5 2.1.7 2.1.8
Parenting Rewards and Responsibilities	9	Prenatal Care	1.5.1 1.5.2 1.5.3 1.5.4 1.5.5 1.5.6 2.2.1 2.2.6 2.2.3 2.2.4 2.2.5 2.3.2 2.3.9
Parenting Rewards and Responsibilities	10	Preparing for Birth	2.5.1 2.5.10 2.5.11 2.5.9 4.2.1 8.7.5
Parenting Rewards and Responsibilities	11	The Birth Process	2.5 2.5.10 2.5.11 2.5.2 2.5.4 2.5.5 2.5.7 2.5.9
Parenting Rewards and Responsibilities	12	Adjusting to Parenthood	1.5.4 1.5.5 4.1.10 4.2.2 4.2.6
Parenting Rewards and Responsibilities	13	Understanding Infants	5.3.1 5.3.2
Parenting Rewards and Responsibilities	14	Parenting Infants	5.3.3 5.6.3 5.6.4

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies							
Parenting Rewards and Responsibilities	15	Meeting Physical Needs	5.3.1	5.3.2	5.3.3	5.3.4	6.1.1	6.1.4	6.2.3	6.2.5
Parenting Rewards and Responsibilities	16	Health and Safety	6.2.1	6.3.1	6.3.2	6.3.5	6.3.7	6.4	6.5.1	
Parenting Rewards and Responsibilities	17	Meeting Emotional Needs	1.5.1	1.5.2	5.5.1	5.5.2	5.5.3	5.5.4	5.5.6	5.7.2
Parenting Rewards and Responsibilities	18	Helping Children Relate to Others	1.3.4	5.4.1	5.4.2	6.2.7	7.4.6	7.8		
Parenting Rewards and Responsibilities	19	Helping Children Learn	5.2.2	5.2.4	5.6.3	5.6.4				
Parenting Rewards and Responsibilities	20	The Value of Play	5.1.3	5.1.4	5.3.3	5.3.4	6.2.6	6.3.5		
Parenting Rewards and Responsibilities	21	Children with Special Needs	4.3.5	4.3.6						
Parenting Rewards and Responsibilities	22	Communication with Children	5.8	5.8.1	5.8.2	5.8.3	5.8.4	5.8.5	5.8.6	
Parenting Rewards and Responsibilities	23	Character Development	1.3.4	5.4.4						
Parenting Rewards and Responsibilities	24	Promoting Positive Behavior	5.8.4	6.7.1	6.7.2	6.7.3	6.7.4	6.7.5	6.7.6	7.5.1
			7.5.1	7.5.2	7.5.3					
Parenting Rewards and Responsibilities	25	Handling Common Parenting Problems	5.7.3	5.8.6						
Parenting Rewards and Responsibilities	26	Strengthening Families	0.3.1	4.2.7	7.8.4	7.8.6				
Parenting Rewards and Responsibilities	27	Managing Life as a Parent	0.1.1	0.1.2	0.1.3	4.24				
Parenting Rewards and Responsibilities	28	Finding Solutions to Family Problems	7.4.10	7.4.2	7.4.4	7.4.5	7.4.7	7.4.8	7.4.9	7.5.5
			7.5.5	7.6						
Parenting Rewards and Responsibilities	29	Selecting Child Care	6.6.1	6.6.2	6.6.6	6.6.7	6.6.8			
Parenting Rewards and Responsibilities	30	Early Childhood Education	6.6.2							
Great Beginnings	1	Great Beginnings Start With Good Nutrition	2.2	2.2.1	3.1	3.1.5	6.1	6.1.1	6.1.10	6.1.2
			6.1.4	6.1.7						
Great Beginnings	2	Healthy Choices For You and Your Baby	1.5	1.5.3	2.2	2.2.1	2.3	2.3.4	6.1.1	6.1.2
			6.1.3							

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Great Beginnings	3	It's Good To Gain Weight	2.2.3 2.2.4 2.2.5 2.2.6
Great Beginnings	4	Feeding Your Newborn	3.1 3.1.1 3.1.2 3.1.3 3.1.4
Great Beginnings	5	Feeding Your Child	3.1 3.1.1 3.1.4 5.3.2 6.1 6.1.1 6.1.105.3 6.1.4 6.1.5
Great Beginnings	6	More For Your Money	8.5 8.5.2 8.5.3
Great Beginnings	7	Supermarket Psychology	8.5.2
Great Beginnings	8	Eating Out	6.1 6.1.1 8.5 8.5.2
Great Beginnings	9	What's For Dinner	6.1 6.1.5 8.5 8.5.2 8.5.3 9.5 9.5.5
Great Beginnings	10	Dollars and Service	8.5 8.5.1 8.5.2 8.5.3 8.6 8.6.1 8.6.2 8.6.3 8.6.5 8.6.6
Human Sexuality	1	The Teen Years: Growth and Change	0.3 0.3.4 0.3.6 0.4 0.4.1 0.4.3 0.4.6 1.1 1.1.1 1.1.2 1.1.3 1.1.4 1.1.5 1.1.6 1.3 1.3.1 1.3.2 1.3.3 1.3.4
Human Sexuality	2	Your Reproductive System	1.1 1.1.3 1.1.6 1.3 1.3.4 2.3 2.3.2
Human Sexuality	3	Conception, Pregnancy and Birth	2.1 2.1.1 2.1.10 2.1.11 2.1.12 2.1.13 2.1.2 2.1.5 2.1.6 2.1.7 2.1.8 2.1.9 2.2 2.2.1 2.2.3 2.2.4 2.2.6 2.3 2.3.2 2.3.3 2.3.4 2.3.9 2.5 2.5.1 2.5.10 2.5.2 2.5.3 2.5.4 2.5.5 2.5.7 2.5.9 3.2 3.2.1 3.2.2 3.2.6
Human Sexuality	4	Your Relationships	0.3 0.3.1 0.3.3 0.3.6 7.0 7.1.1 7.1.2 7.2 7.2.1 7.2.2 7.2.5 7.2.6 7.2.7 7.3 7.3.2 7.3.6
Human Sexuality	5	Responsible Sexual Behavior	0.2 0.2.2 0.2.3 0.2.4 0.2.5 0.3 0.3.1 0.3.3 0.3.4 0.3.6 0.4 0.4.6 1.1 1.1.4 1.4 1.4.1 1.4.2 1.4.3 1.4.4 1.4.5 2.4 2.4.3 2.4.4 2.4.5 3.4 3.4.1 3.4.2 7.1 7.1.3 7.1.4 7.2 7.2.1 7.2.3 7.2.5 7.2.6 7.2.7 7.3 7.3.1

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Human Sexuality	6	Family Planning Options	0.2 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3 0.3.3 0.3.4 0.3.6 0.4 0.4.6 1.1 1.1.4 1.4 1.4.4 2.1 2.1.7 2.4 2.4.4 3.4 3.4.1 3.4.2 3.4.3 7.2 7.2.1 7.2.6 7.3 7.3.1
Human Sexuality	7	Teen Pregnancy	0.2.2 1.2.7 1.5.1 2.1.5 2.3.1 4.2.2 7.10.2 7.10.5 8.1.2 8.1.3
Human Sexuality	8	Teen Parenting	0.2.3 0.2.5 0.3.1 0.3.5 1.2.2 1.5.1 1.5.3 1.5.5 1.5.6 4.1.3 7.5.4 8.1.1 8.5.4
Human Sexuality	9	Considering Adoption	0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 4.1.3
Human Sexuality	10	Miscarriage and Termination of Pregnancy	0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 1.2.2 1.5.1 2.1.11 3.2.1 3.2.2 3.2.5 4.1.3
Human Sexuality	11	Sexually Transmitted Diseases	0.2.2 0.2.4 0.2.5 0.2.6 0.4.1 0.4.2 0.4.4 0.4.6 1.4.3 1.4.4 1.4.5 1.4.6 2.4.1 2.4.2 2.4.3 2.4.4 2.4.6 3.4.2
Human Sexuality	12	Sexual Exploitations	1.5.1 1.5.3 1.5.4 1.5.6 7.72 7.73 7.74 7.75
Young Fathers Group Curriculum	1	Project Goals - To Increase the Young Fathers	0.2 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3 0.3.1 0.3.2 0.3.3 0.3.4 0.3.6 0.4 0.4.1 0.4.2 0.4.4 0.4.5 1.2 1.2.1 1.2.2 1.2.4 1.4 1.4.3 1.4.6 1.4.7 1.4.8 1.5 1.5.1 1.5.2 1.5.3 1.5.4 2.1 2.1.3 2.1.4 2.1.5 2.3 2.3.1 2.3.6 2.3.7 4.1 4.1.1 4.1.10 4.1.2 4.1.4 4.2 4.2.3 5.1 5.1.1 5.1.2 5.5 5.5.1 5.5.6 5.8 5.8.2 5.8.4 5.8.5 6.7 6.7.1 6.7.5 7.5 7.5.4 7.6 7.6.1
Young Fathers Group Curriculum	2	Project Goals - To Reduce Repeat Pregnancies	2.4 2.4.1 2.4.3 2.4.4 2.4.6



## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
CD Rom-Life Begins	15	You, Your Life and Your Future - It's Up to You/	0.3.3 0.3.4 1.3 1.3.1 1.3.2 1.4 1.4.2 7.1.4 7.2.3 7.3.6 7.6.5 7.6.6
CD Rom-Life Begins	16	You, Your Life and Your Future - Painting a Pict	1.3
CD Rom-Life Begins	17	You, Your Life and Your Future - Goal Setting/C	1.4
CD Rom-Life Begins	18	You, Your Life and Your Future - Self Esteem	1.3 1.3.1 1.3.2
CD Rom-Life Begins	19	You, Your Life and Your Future - Self Esteem T	1.3 1.3.1 1.3.2
CD Rom-Life Begins	20	You, Your Life and Your Future - Self Esteem T	1.3 1.3.1 1.3.2
CD Rom-Life Begins	21	You, Your Life and Your Future - Tool #2 Positi	1.3 1.3.1 1.3.2
CD Rom-Life Begins	22	You, Your Life and Your Future - Goal Setting	1.4
CD Rom-Life Begins	23	You, Your Life and Your Future - Relationships/	7.2 7.2.6
CD Rom-Life Begins	24	You, Your Life and Your Future - Genuine Love	7.2 7.2.1 7.2.2
CD Rom-Life Begins	25	You, Your Life and Your Future - Emotional Saf	1.3 1.3.4
CD Rom-Life Begins	26	You, Your Life and Your Future - Mutual Respe	7.2.1 7.2.2 7.2.6 7.3
CD Rom-Life Begins	27	You, Your Life and Your Future - Compatibility	0.33 7.2 7.2.1 7.2.6
CD Rom-Life Begins	28	You, Your Life and Your Future - Communicatio	0.33 7.2 7.2.1 7.3.2
CD Rom-Life Begins	29	You, Your Life and Your Future - Commitment	0.3.3 1.3 1.3.1 1.3.2
CD Rom-Life Begins	30	You, Your Life and Your Future - Tool #4 Resta	0.3.3 0.3.4
CD Rom-Life Begins	31	You, Your Life and Your Future - Tool #5 Endin	0.3.4 7.1.4 7.3.6 7.6.5 7.6.6
CD Rom-Life Begins	32	You, Your Life and Your Future - The Tight Squ	0.2 0.2.4 0.2.6 0.3.4
CD Rom-Life Begins	33	You, Your Life and Your Future - The Tight Squ	7.1.3 7.2.7
CD Rom-Life Begins	34	You, Your Life and Your Future - Internal/Extern	1.5 1.5.3 1.5.4 1.5.5
CD Rom-Life Begins	35	You, Your Life and Your Future - Internal/Extern	0.2.5 1.4.2

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies						
Folic Acid	1	Educating Women "One to One"	0.3.3	0.4.1	0.4.6	2.2.1	2.2.6	2.3.3	
Folic Acid	2	Exhibiting at a Community Event	0.4.1	0.4.6	2.2.1	2.2.6	2.3.3		
Folic Acid	3	Conducting a Folic Acid Presentation	0.3.3	0.4.1	0.4.6	2.2.1	2.2.6	2.3.3	
Folic Acid	4	Distributing Folic Acid Educational Materials	0.4.1	2.2.1	2.2.6	2.3.3			
Folic Acid	5	Placing Folic Acid Information in Community Pu	0.4.1	2.2.1	2.2.6	2.3.3			
Great Beginnings									
Teen Parents and the Law	1	Learning About the Law	0.1.1	0.4.1	0.4.2	4.2.1	6.1.1	6.1.2	6.2.1
			6.2.2	6.3.1	6.7.1				
Teen Parents and the Law	2	Is It My Responsibility? Parent vs. Child	0.1.1	0.2.2	0.2.3	0.2.4	0.3.3	0.3.4	0.4.1
			0.4.2	4.1.6	4.1.8	4.1.9	4.3.6	4.4.1	7.9.3
Teen Parents and the Law	3	Is It My Responsibility?	0.2.2	0.2.3	0.2.4	0.2.5	0.2.6	0.3.3	0.3.4
			0.3.5	0.4.2	0.4.3	0.4.4	0.4.5	0.4.6	4.1
			4.1.3	4.1.4	4.1.5	4.1.6	4.1.7	4.2.1	4.2.2
			4.2.5	4.4.1	4.4.4	4.4.5	7.5.1	7.5.2	7.5.3
			7.8.1	7.8.2	7.8.3	7.8.4	7.8.5	7.8.6	7.9.2
			7.9.4						
Teen Parents and the Law	4	What Are Rules?	0.2.5	0.2.6	0.3	0.3.1	0.3.2	0.3.3	0.3.4
			0.3.6	0.4.4	0.4.5	0.4.6	4.2.1	4.4.1	5.8
			5.8.2	5.8.5	5.8.6	6.7	6.7.1	6.7.2	6.7.3
			6.7.5	6.8.4	6.8.5				
Teen Parents and the Law	5	Why Do Some Laws Treat Minors Differently?	0.2.2	0.4.2	0.4.4	1.1.5	2.1.12	2.5.4	4.2.1
			4.2.2	4.2.6	4.2.7	4.4.1	4.4.3	4.4.4	4.4.5
			7.10.1	7.10.2	7.10.3	7.10.4	7.10.5	7.10.6	7.9.
			8.7.2.						
Teen Parents and the Law	6	What Is A Family?	1.2.1	1.2.3	1.2.4	4.1.10	4.1.2	4.2.5	4.2.6
			7.10.1	7.10.2	7.10.3	7.10.4	7.10.5	7.10.6	
			7.4.1	7.4.7	7.9.3				

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Teen Parents and the Law	7	What Is Marriage?	0.2 0.21 0.22 0.23 0.24 0.25 0.26 0.3.3 0.3.4 0.31 1.2 1.2.1 1.2.2 7.3 7.3.1 7.3.2 7.3.3 7.3.4 7.3.5 7.9 7.9.1
Teen Parents and the Law	8	What Is Child Support?	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.3 0.3.4 0.3.5 0.4.1 0.4.2 0.4.3 0.4.4 0.4.5 0.4.6 1.2.1 1.2.2 1.2.3 1.2.4 1.3.1 1.3.3 1.3.4 1.4 1.4.1 1.4.2 1.4.3 1.4.4 1.4.5 1.4.6 1.4.7 1.4.8 1.5.1 1.5.3 4.4.1 4.4.2 4.4.3 4.4.4 4.4.5 7.9.5 7.9.6
Teen Parents and the Law	9	Collecting Child Support.	0.2.2 0.2.3 0.2.4 0.3.3 0.3.4 0.3.5 0.4.1 0.4.4 0.4.5 0.4.6 4.4.2 7.9.5 7.9.6
Teen Parents and the Law	10	Is It Abuse or Neglect?	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.2 0.3.3 0.3.4 0.3.5 0.3.6 4.1.6 4.1.7 4.1.8 4.1.9 4.4.1 6.7.5 7.5 7.5.1 7.5.2 7.5.3 7.5.4 7.5.5 7.5.6 7.7.1 7.7.2 7.7.3 7.7.4 7.7.5 7.7.6
Teen Parents and the Law	11	Is It Neglect?	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.4 0.4.1 0.4.2 0.4.4 4.1.6 4.1.7 4.1.8 4.1.9 4.4 4.4.1 7.5 7.5.1 7.5.2 7.5.3 7.5.4 7.5.5 7.5.6
Teen Parents and the Law	12	Is It Discipline or Abuse?	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.3 0.3.4 0.3.5 0.3.6 0.4.1 0.4.4 4.1 4.1.1 4.1.2 4.1.5 4.1.6 4.1.7 4.1.8 4.1.9 4.2.1 4.4.1 7.5.1 7.5.2 7.5.3 7.5.4 7.5.5 7.5.6
Teen Parents and the Law	13	Parent's Role in Education.	0.2. 0.2.1. 0.2.2. 0.2.3. 0.2.4. 0.2.5. 0.2.6. 0.3.3. 0.3.4. 0.3.5 0.3.5. 0.4.1 0.4.1. 0.4.2 0.4.2. 0.4.3 0.4.4 0.4.4. 0.4.5 0.4.5. 0.4.6 0.4.6. 4.1 4.1.1 4.1.2 4.1.3 4.1.4 4.1.5 4.2 4.2.1 4.2.2

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Teen Parents and the Law	14	What Is The Problem?	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3 0.3.1 0.3.2 0.3.3 0.3.4 0.3.5 0.3.6 0.4 0.4.1 0.4.4 0.4.5 7.8 7.8.1 7.8.2 7.8.3 7.8.4 7.8.5 7.8.6 7.8.7 7.8.8 7.8.9
Teen Parents and the Law	15	Cops on Call: Responding to Domestic Violenc	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3 0.3.1 0.3.2 0.3.3 0.3.4 0.3.5 0.3.6 0.4 0.4.1 0.4.4 0.4.5 7.6 7.6.1 7.6.2 7.6.3 7.6.4 7.6.5 7.8 7.8.1 7.8.4 7.8.5 7.8.6 7.8.7 7.8.8 7.8.9
Teen Parents and the Law	16	Statutory Rape.	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3 0.3.1 0.3.2 0.3.3 0.3.4 0.3.5 0.3.6 0.4 0.4.1 0.4.2 0.4.3 0.4.4 0.4.5 0.4.6 7.7 7.7.1 7.7.2 7.7.3 7.7.4 7.7.5 7.7.6
Teen Parents and the Law	17	Housing Discrimination.	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.2 0.3.3 0.3.4 0.3.5 0.3.6 7.10.2 8.7.2
Teen Parents and the Law	18	Landlord and Tenant.	0.3.3 7.10.2
Teen Parents and the Law	19	Housing Law After Moving In.	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.3 0.3.5 7.10.2
Teen Parents and the Law	20	Consumer Shopping	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.3 8.5 8.5.1 8.5.2
Teen Parents and the Law	21	Consumers If Problems Arise	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.3 6.3.4 6.3.9 8.5.1 8.5.2
Teen Parents and the Law	22	Custody Law	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.3 4.4.3 4.4.4 4.4.5 7.9.5 7.9.6
Teen Parents and the Law	23	Custody Mock Trial	0.2 0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.3.3 4.2.1 4.4.1 4.4.3 4.4.4 4.4.5 8.8.1 8.8.6
Helping Your Child Grow and Develop	1	Your Baby's Physical Development	2.3.1 2.3.2 5.2.1 5.3.1 5.3.5 5.6.6 5.6.7 6.2.5
Helping Your Child Grow and Develop	2	Learning Your Baby's Sleep Pattern	3.1 3.3.13 5.7.3 6.1.4 6.1.5 6.1.7 7.10.3

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies						
Helping Your Child Grow and Develop	2	Meeting Your Baby's Changing Food Needs.	3.1	3.3.13	5.7.3	6.1.4	6.1.5	6.1.7	7.10.3
Helping Your Child Grow and Develop	2	Your Baby's Food, Sleep, and Clothing Needs	3.1	3.3.13	5.7.3	6.1.4	6.1.5	6.1.7	7.10.3
Helping Your Child Grow and Develop	2	Meeting Your Baby's Clothing Needs	3.1	3.3.13	5.7.3	6.1.4	6.1.5	6.1.7	7.10.3
Helping Your Child Grow and Develop	3	Your Baby's Intellectual Development	3.3.3	3.3.5	3.3.9	4.2.8	5.2.2	5.4.1	5.5.1
Helping Your Child Grow and Develop	3	Your Baby's Intellectual, Social and Emotional	3.3.3	3.3.5	3.3.9	4.2.8	5.2.2	5.4.1	5.5.1
Helping Your Child Grow and Develop	3	Your Baby's Social and Emotional Developmen	3.3.3	3.3.5	3.3.9	4.2.8	5.2.2	5.4.1	5.5.1
Helping Your Child Grow and Develop	4	Keeping Your Baby Health and Safety	3.3.10	3.3.14	3.3.15	3.3.16	3.3.17	3.3.8	5.1.2
Helping Your Child Grow and Develop	4	Your Baby's Safety	3.3.10	3.3.14	3.3.15	3.3.16	3.3.17	3.3.8	5.1.2
Helping Your Child Grow and Develop	4	Your Baby's Health	3.3.10	3.3.14	3.3.15	3.3.16	3.3.17	3.3.8	5.1.2
Helping Your Child Grow and Develop	5	Your Toddler's Physical Development	5.3.1	5.3.5	5.7.1	5.7.3	5.7.3-	6.1.1	6.1.4
Helping Your Child Grow and Develop	5	Your Toddler's Physical Development and Nee	5.3.1	5.3.5	5.7.1	5.7.3	5.7.3-	6.1.1	6.1.4
Helping Your Child Grow and Develop	5	Learning Your Toddler's Sleep Patterns	5.3.1	5.3.5	5.7.1	5.7.3	5.7.3-	6.1.1	6.1.4
Helping Your Child Grow and Develop	5	Choosing Clothing for Your Toddler	5.3.1	5.3.5	5.7.1	5.7.3	5.7.3-	6.1.1	6.1.4

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies						
Helping Your Child Grow and Develop	5	Providing Physical Care for Your Toddler.	5.3.1	5.3.5	5.7.1	5.7.3	5.7.3-	6.1.1	6.1.4
			6.1.5	6.2 (all)	7.10.3				
Helping Your Child Grow and Develop	5	Meeting Your Toddler's Food Needs	5.3.1	5.3.5	5.7.1	5.7.3	5.7.3-	6.1.1	6.1.4
			6.1.5	6.2 (all)	7.10.3				
Helping Your Child Grow and Develop	6	Your Toddler's Social and Emotional Developm	5.1.4	5.2.2	5.4.1	5.4.2	5.4.5	5.5.2	5.5.3
			5.5.4	5.5.5	5.5.7	5.6.1	5.6.4	5.6.5	
Helping Your Child Grow and Develop	6	Your Toddler's Intellectual, Social, and Emotion	5.1.4	5.2.2	5.4.1	5.4.2	5.4.5	5.5.2	5.5.3
			5.5.4	5.5.5	5.5.7	5.6.1	5.6.4	5.6.5	
Helping Your Child Grow and Develop	6	Your Toddler's Intelletual Development	5.1.4	5.2.2	5.4.1	5.4.2	5.4.5	5.5.2	5.5.3
			5.5.4	5.5.5	5.5.7	5.6.1	5.6.4	5.6.5	
Helping Your Child Grow and Develop	7	Keeping Your Toddler Healthy and Safe	5.1.2	5.1.3	6.2.7	6.3.1	6.3.2	6.3.6	6.4.2
			6.4.4	6.5 (all)					
Helping Your Child Grow and Develop	7	Handling Minor Injuries and Emergencies	5.1.2	5.1.3	6.2.7	6.3.1	6.3.2	6.3.6	6.4.2
			6.4.4	6.5 (all)					
Helping Your Child Grow and Develop	7	Childproofing Your Home	5.1.2	5.1.3	6.2.7	6.3.1	6.3.2	6.3.6	6.4.2
			6.4.4	6.5 (all)					
Helping Your Child Grow and Develop	7	Your Toddler's Medical Checkups	5.1.2	5.1.3	6.2.7	6.3.1	6.3.2	6.3.6	6.4.2
			6.4.4	6.5 (all)					
Helping Your Child Grow and Develop	7	Caring for A Sick Child	5.1.2	5.1.3	6.2.7	6.3.1	6.3.2	6.3.6	6.4.2
			6.4.4	6.5 (all)					
Helping Your Child Grow and Develop	8	Guiding Your Young Child	4.3.2	4.3.6	5.5.10	5.5.11	5.5.9	5.8.4	6.7(all)
Helping Your Child Grow and Develop	9	Choosing Child Care	6.6.1	6.6.2	6.6.3	6.6.4	6.6.6	6.6.7	6.6.8
Your New Baby	1	Conception	1.1.3	1.6.1	1.6.2	1.6.4	1.6.6		
Your New Baby	1	How It All Begins	1.1.3	1.6.1	1.6.2	1.6.4	1.6.6		
Your New Baby	1	Reproductive System	1.1.3	1.6.1	1.6.2	1.6.4	1.6.6		

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Your New Baby	2	Early Medical Care and Support System	2.1.1 2.1.11 2.1.12 2.1.2 2.1.3 2.1.4 2.1.5 2.3.1
Your New Baby	2	Danger Signs in Early Pregnancy	2.1.1 2.1.11 2.1.12 2.1.2 2.1.3 2.1.4 2.1.5 2.3.1
Your New Baby	2	Confirming A Pregnancy	2.1.1 2.1.11 2.1.12 2.1.2 2.1.3 2.1.4 2.1.5 2.3.1
Your New Baby	2	Early Signs and Tests	2.1.1 2.1.11 2.1.12 2.1.2 2.1.3 2.1.4 2.1.5 2.3.1
Your New Baby	3	Your Changing Body and Emotions	1.6.7 2.1.1 2.1.15 2.1.8 2.2.2 2.2.3 2.2.4 2.2.5
Your New Baby	3	Fetal Growth	1.6.7 2.1.1 2.1.15 2.1.8 2.2.2 2.2.3 2.2.4 2.2.5
Your New Baby	3	Understanding Your Pregnancy	1.6.7 2.1.1 2.1.15 2.1.8 2.2.2 2.2.3 2.2.4 2.2.5
Your New Baby	4	Reducing Risks for Mom & Baby	2.1.10 2.1.11 2.1.11- 2.1.12 2.1.14 2.1.2 2.1.6 2.1.9 2.3.11 2.3.2 2.3.3 2.3.4 2.3.5 2.4.2 2.4.5
Your New Baby	4	Complications	2.1.10 2.1.11 2.1.11- 2.1.12 2.1.14 2.1.2 2.1.6 2.1.9 2.3.11 2.3.2 2.3.3 2.3.4 2.3.5 2.4.2 2.4.5
Your New Baby	4	Having a Healthy Pregnancy	2.1.10 2.1.11 2.1.11- 2.1.12 2.1.14 2.1.2 2.1.6 2.1.9 2.3.11 2.3.2 2.3.3 2.3.4 2.3.5 2.4.2 2.4.5
Your New Baby	4	Medical care Providers (first visit)	2.1.10 2.1.11 2.1.11- 2.1.12 2.1.14 2.1.2 2.1.6 2.1.9 2.3.11 2.3.2 2.3.3 2.3.4 2.3.5 2.4.2 2.4.5
Your New Baby	5	Exercising	1.6.9 2.1.14 2.2.1 2.2.6 2.2.7 2.3.12 2.3.2 2.3.2- 2.3.9

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Your New Baby	5	Exercising and Eating Right	1.6.9 2.1.14 2.2.1 2.2.6 2.2.7 2.3.12 2.3.2 2.3.2- 2.3.9
Your New Baby	5	Nutrition	1.6.9 2.1.14 2.2.1 2.2.6 2.2.7 2.3.12 2.3.2 2.3.2- 2.3.9
Your New Baby	6	Making Plans	0.2.4 2.1.15 2.1.3 2.3.10 2.3.2 2.5.1 2.5.10 3.1.1 3.1.2 3.2.2 3.2.4 4.14 4.2.1 4.2.3 4.2.6 4.2.7 4.4.1 6.6.6 6.6.9 8.11
Your New Baby	6	Dad's Roles and Responsibilities	0.2.4 2.1.15 2.1.3 2.3.10 2.3.2 2.5.1 2.5.10 3.1.1 3.1.2 3.2.2 3.2.4 4.14 4.2.1 4.2.3 4.2.6 4.2.7 4.4.1 6.6.6 6.6.9 8.11
Your New Baby	6	Preparing for New Arrival	0.2.4 2.1.15 2.1.3 2.3.10 2.3.2 2.5.1 2.5.10 3.1.1 3.1.2 3.2.2 3.2.4 4.14 4.2.1 4.2.3 4.2.6 4.2.7 4.4.1 6.6.6 6.6.9 8.11
Your New Baby	6	Childbirth Classes and Hospital Stay	0.2.4 2.1.15 2.1.3 2.3.10 2.3.2 2.5.1 2.5.10 3.1.1 3.1.2 3.2.2 3.2.4 4.14 4.2.1 4.2.3 4.2.6 4.2.7 4.4.1 6.6.6 6.6.9 8.11
Your New Baby	6	Feeding Your Baby	0.2.4 2.1.15 2.1.3 2.3.10 2.3.2 2.5.1 2.5.10 3.1.1 3.1.2 3.2.2 3.2.4 4.14 4.2.1 4.2.3 4.2.6 4.2.7 4.4.1 6.6.6 6.6.9 8.11
Your New Baby	7	Stages of Labor	2.3.8 2.5.10 2.5.2 2.5.3 2.5.4 2.5.5 2.5.6
Your New Baby	7	Last Weeks of Pregnancy- medications for chil	2.3.8 2.5.10 2.5.2 2.5.3 2.5.4 2.5.5 2.5.6
Your New Baby	7	Experiencing Childbirth	2.3.8 2.5.10 2.5.2 2.5.3 2.5.4 2.5.5 2.5.6
Your New Baby	8	Going Home from Hospital	3.2.1 3.2.2 3.2.3 3.3.10 3.3.12 3.3.14 3.3.2 3.3.3 3.3.4 3.4.3 4.1.4 4.1.8
Your New Baby	8	Decisins: Cirumcission, B-cart, mom-baby bon	3.2.1 3.2.2 3.2.3 3.3.10 3.3.12 3.3.14 3.3.2 3.3.3 3.3.4 3.4.3 4.1.4 4.1.8
Your New Baby	8	New Mom +New Baby	3.2.1 3.2.2 3.2.3 3.3.10 3.3.12 3.3.14 3.3.2 3.3.3 3.3.4 3.4.3 4.1.4 4.1.8

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Your New Baby	8	Medicle Care after Delivery	3.2.1 3.2.2 3.2.3 3.3.10 3.3.12 3.3.14 3.3.2 3.3.3 3.3.4 3.4.3 4.1.4 4.1.8
Your New Baby	9	Feeding- Immuniztions	3.1.2 3.3.10 3.3.16 3.3.5 3.3.6 3.3.8 5.1.2 5.1.3 5.2.1 5.7.3 5.8.2 6.1.10 6.1.5 6.1.9 6.3.4
Your New Baby	9	Caring for Your Newborn	3.1.2 3.3.10 3.3.16 3.3.5 3.3.6 3.3.8 5.1.2 5.1.3 5.2.1 5.7.3 5.8.2 6.1.10 6.1.5 6.1.9 6.3.4
Your New Baby	9	Equipment and Supplies	3.1.2 3.3.10 3.3.16 3.3.5 3.3.6 3.3.8 5.1.2 5.1.3 5.2.1 5.7.3 5.8.2 6.1.10 6.1.5 6.1.9 6.3.4
Your New Baby	9	Schedules- sleep, bathing, diapering	3.1.2 3.3.10 3.3.16 3.3.5 3.3.6 3.3.8 5.1.2 5.1.3 5.2.1 5.7.3 5.8.2 6.1.10 6.1.5 6.1.9 6.3.4
Understanding Your Changing Life- transitions	1	Pregnancy, A Life Changing Event	0.1 0.2 0.3 1.5 5.3 5.4 5.5 7.2.1 7.2.7 7.8
Understanding Your Changing Life- transitions	2	Improving Your Self Esteem	0.2 1.1 1.3 1.3.1 1.31 1.4 5.5
Understanding Your Changing Life- transitions	3	Considering Values, Goals and Decisions.	0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 0.4.3 1.2.3 1.4 1.4.3 1.4.6 7.8
Understanding Your Changing Life- transitions	4	Is Marriage in The Picture?	0.2 0.3 1.1 1.2 1.2.1 1.3 1.4 3.1 3.2 3.3 7.2 7.2.1 7.2.2 7.2.6 7.2.9 7.3 7.3.1 7.3.2 7.3.5 7.4 7.8
Understanding Your Changing Life- transitions	5	What Does It Mean to Be A Parent?	0.2 1.4 4.1 4.1.2 4.1.3 4.2 4.4 4.4.1 5.2 7.2.2
Understanding Your Changing Life- transitions	6	An Important Decision	0.2 0.4.6 1.2 1.2.2 1.2.3 2.1.13 2.1.15 4.2.8 7.13.3
Understanding Your Changing Life- transitions	7	Adjusting To Life As A Teen Parent	0.1 0.1.2 0.2 0.3 0.4 0.4.5 1.2 1.4 1.5 4.1 4.2 4.2.8 5.1 6.6 7.1 7.2 7.4.1 8.1.1 8.1.2 8.1.3 8.5 8.6 9.5 9.6

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies								
Understanding Your Changing Life- transitions	8	Relationships and Sexual Decision Making	0.2	2.4	3.4	7.11	7.12	7.13	7.2	7.4	7.6
Understanding Your Changing Life- transitions	9	Communicating for Better Relationships	0.3	1.5	7.2	7.2.10	7.2.11	7.8			
Understanding Your Changing Life- transitions	10	Crisis in Relationships	0.2.2	0.4.6	1.1.8	1.2.2	1.3.1	1.5	4.4.5	6.4.4	
			6.5.6	7.10.6	7.3.6	7.4	7.5	7.5.6	7.6	7.6.5	
			7.7	7.7.5	7.7.6	7.8.9					
Building Your Future	1	Getting The Help You Need	0.2.2	4.2.7	4.4.2	6.8.6	7.10.6				
Building Your Future	1	Keeping It Together- feelings	0.2.2	4.2.7	4.4.2	6.8.6	7.10.6				
Building Your Future	1	Places to look for "Help"	0.2.2	4.2.7	4.4.2	6.8.6	7.10.6				
Building Your Future	2	Other Legal Insares	4.4.1	4.4.5	7.13.3	7.6.5	7.9.1	7.9.5	7.9.6		
Building Your Future	2	Understanding Legal Matters	4.4.1	4.4.5	7.13.3	7.6.5	7.9.1	7.9.5	7.9.6		
Building Your Future	2	Adoption and The Law	4.4.1	4.4.5	7.13.3	7.6.5	7.9.1	7.9.5	7.9.6		
Building Your Future	2	You and Your Partner	4.4.1	4.4.5	7.13.3	7.6.5	7.9.1	7.9.5	7.9.6		
Building Your Future	2	The Law and Your Child	4.4.1	4.4.5	7.13.3	7.6.5	7.9.1	7.9.5	7.9.6		
Building Your Future	3	Money Management	0.2.2	1.4.2	1.4.4	1.4.5	1.4.6	7.10.5	8.5.1		
			8.5.2	8.5.3	8.5.4						
Building Your Future	3	Keeping Records	0.2.2	1.4.2	1.4.4	1.4.5	1.4.6	7.10.5	8.5.1		
			8.5.2	8.5.3	8.5.4						
Building Your Future	3	Preventing Problems	0.2.2	1.4.2	1.4.4	1.4.5	1.4.6	7.10.5	8.5.1		
			8.5.2	8.5.3	8.5.4						
Building Your Future	3	Managing Your Resources	0.2.2	1.4.2	1.4.4	1.4.5	1.4.6	7.10.5	8.5.1		
			8.5.2	8.5.3	8.5.4						
Building Your Future	3	Managing Money and Resources	0.2.2	1.4.2	1.4.4	1.4.5	1.4.6	7.10.5	8.5.1		
			8.5.2	8.5.3	8.5.4						
Building Your Future	3	Identifying Your Resources	0.2.2	1.4.2	1.4.4	1.4.5	1.4.6	7.10.5	8.5.1		
			8.5.2	8.5.3	8.5.4						

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies							
Building Your Future	4	Shopping Like A Pro	8.5.5							
Building Your Future	5	Personal Bank Account	8.6.1	8.6.8	8.6.9	9.4.7				
Building Your Future	5	Insurance	8.6.1	8.6.8	8.6.9	9.4.7				
Building Your Future	5	Credit	8.6.1	8.6.8	8.6.9	9.4.7				
Building Your Future	5	Mastering Financial Tools	8.6.1	8.6.8	8.6.9	9.4.7				
Building Your Future	6	Setting Career Goals	8.1.1	8.4.1	8.4.10	8.4.2	8.4.3	8.4.7	9.6.10	
			9.6.3	9.6.9						
Building Your Future	6	Getting The Training and Education Needed	8.1.1	8.4.1	8.4.10	8.4.2	8.4.3	8.4.7	9.6.10	
			9.6.3	9.6.9						
Building Your Future	6	Choosing A Career Field	8.1.1	8.4.1	8.4.10	8.4.2	8.4.3	8.4.7	9.6.10	
			9.6.3	9.6.9						
Building Your Future	6	Planning for the Future	8.1.1	8.4.1	8.4.10	8.4.2	8.4.3	8.4.7	9.6.10	
			9.6.3	9.6.9						
Building Your Future	6	What Does the Future Hold?	8.1.1	8.4.1	8.4.10	8.4.2	8.4.3	8.4.7	9.6.10	
			9.6.3	9.6.9						
Building Your Future	6	Preparing for A Job Search	8.1.1	8.4.1	8.4.10	8.4.2	8.4.3	8.4.7	9.6.10	
			9.6.3	9.6.9						
Building Your Future	6	Exploring Career Options	8.1.1	8.4.1	8.4.10	8.4.2	8.4.3	8.4.7	9.6.10	
			9.6.3	9.6.9						
Building Your Future	7	Succeeding in the Workplace	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1	
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9			
Building Your Future	7	Finding the Job You Want	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1	
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9			

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies										
Building Your Future	7	Writing A Cover Letter	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1				
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	9.24			
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9						
Building Your Future	7	Completing a Job Application	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1				
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	9.24			
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9						
Building Your Future	7	Interviewing Well	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1				
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	9.24			
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9						
Building Your Future	7	Employee Rights	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1				
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	9.24			
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9						
Building Your Future	7	Balancing Your Many Roles	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1				
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	9.24			
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9						
Building Your Future	7	Putting It All Together: Identifying Support & M	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1				
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	9.24			
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9						
Building Your Future	7	Job Success	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1				
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	9.24			
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9						
Building Your Future	7	Creating Your Resume	0.1.2	0.1.3	0.3.1	1.5.4	1.5.5	7.10.6	8.7.1				
			9.1.2	9.1.3	9.1.4	9.1.5	9.2.2	9.2.3	9.2.4	9.24			
			9.3.3	9.3.4	9.5.5	9.6.1	9.6.9						
Becoming a Father MYD	1	What's so great about fathers?	0.4	4.1	6.8	7.4							
Becoming a Father MYD	2	What kind of fathers do we want to be?	0.4	1.2	1.4	4.1	4.2	5.2					
Becoming a Father MYD	3	A child is coming	1.5	1.6	2.1	2.2	2.3	2.5	6.8	7.1	7.2	7.8	
Becoming a Father MYD	4	The pregnancy: Here comes the baby	2.5	4.2	5.1	5.2	5.5	6.8	7.2	7.4	7.8		

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies									
Taking Care of Baby	1	Nutrition	3.1	3.2	3.3	5.5	6.1					
Taking Care of Baby	2	Clothing, Keeping Clean, Supplies	0.00	3.3	5.1	7.10						
Taking Care of Baby	3	Comfort and Child Care Mtg. 1-4	0.2	3.2	3.3	4.1	5.1	5.5	5.7	6.3		
Taking Care of Baby	4	Comfort and Child Care Mtg. 5-6	3.3	4.2	5.1	6.6						
Taking Care of Baby	5	Staying Well	3.3	6.2	6.5	7.4						
Taking Care of Baby	6	When Baby is Sick	3.3	4.2	6.2	6.5						
Taking Care of Baby	7	Keeping Baby Safe	4.1	6.2	6.3	6.4						
Child Development	1	Introduction to Child Development	0.4	1.1	1.2	1.3	4.1	5.2	5.3	5.4	5.5	5.6
Child Development	2	Physical Development	4.2	5.2	5.3	5.7	6.3					
Child Development: Intellectual Development	1	Intellectual Development	1.1	4.2	5.2	5.6	5.8					
Child Development: Intellectual Development	2											
Child Development: Emotional and Social	1	Emotional and Social Development Mtg. 1-4	0.3	1.1	1.4	3.4	4.1	5.2	5.4	5.5		
Child Development: Emotional and Social	2	Emotional and Social Development Mtg. 5-11	0.2	0.3	1.1	1.3	4.1	4.2	5.1	5.2	5.5	5.8
Child Development: Discipline	1	Discipline Mtg. 1	0.2.4	1.5.1	1.5.3	4.1	4.2	5.2	5.7	6.7	6.8	
Child Development: Discipline	2	Discipline Mtg. 2	0.2	0.3	5.2	5.8	6.7					
Child Development: Discipline	3	Discipline Mtg. 3	1.1	1.4	4.2	5.2	5.8	6.7				
Child Development: Discipline	4	Discipline Mtg. 4	0.4	1.1	1.4	4.2	5.1	5.2	5.7	5.8	6.7	6.8
Child Development: Discipline	5	Discipline Mtg. 5	1.4	1.5	5.2	5.7	5.8	6.7	6.8	7.10	7.8	
Child Development: Discipline	6	Discipline Mtg. 6	0.4	4.2	5.2	5.5	5.7	6.8	7.10			
Child Development: Discipline	7	Discipline Mtg. 7	0.2	0.3	0.4	1.4	1.5	4.2	5.2	5.7	5.8	6.8
			7.10	7.8								
The Other People in Your Life	1	My Child's Mom Mtg. 1	1.2	4.1	4.2	5.0	5.7	6.8				

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies													
The Other People in Your Life	2	My Child's Mom Mtg. 2	0.2	0.3	5.2	6.8	7.10	7.4	7.7	7.8						
The Other People in Your Life	3	My Child's Mom Mtg. 3	0.3	1.4	1.5	4.1	4.2	5.2	5.3	5.5	5.7	6.8				
The Other People in Your Life	4	My Child's Mom Mtg. 4	0.2	4.1	4.2	7.4	7.8									
The Other People in Your Life	5	My Child's Mom Mtg. 5	0.2	1.5	7.4	7.8										
The Other People in Your Life	6	My Family Mtg 1	1.1	1.2	5.2	7.4										
The Other People in Your Life	7	My Family Mtg 2	5.7	7.4												
The Other People in Your Life	8	My Family Mtg. 3	1.2	4.1	5.7	7.4										
The Other People in Your Life	9	My Family Mtg. 4	1.1	1.2	4.1	4.2										
The Other People in Your Life	10	My Family Mtg. 10	0.4	1.1	1.2	4.2	5.2									
The Other People in Your Life	11	My Family Mtg. 6	5.2	5.5	7.4											
The Other People in Your Life	12	Relationships With the Opposite Sex Mtg. 1	0.3	7.2	7.4											
The Other People in Your Life	13	Relationships With the Opposite Sex Mtg. 2	0.3	7.4												
The Other People in Your Life	14	Building other Support Networks Mtg. 1	0.4	1.1	7.0											
The Other People in Your Life	15	Building Other Support Networks Mtg. 2	0.3	1.1	7.1											
The Other People in Your Life	16	Building Other Support Networks Mtg. 3	0.4	1.1	1.4											
The Other People in Your Life	17	Building Other Support Networks Mtg. 4	0.3	0.4												
Look at New and the Future	1	Understanding Parenting Mtg. 1	0.2	1.2	4.4											
Look at New and the Future	2	Understanding Parenting Mtg. 2	4.1	4.2	4.4	7.9										
Look at New and the Future	3	Understanding Parenting Mtg. 3-5	0.4	1.2	4.4	7.9										
Look at New and the Future	4	Understanding Parenting Mtg. 6	0.2	0.4	4.4	7.9										
Look at New and the Future	5	Understanding Parenting Mtg. 7	0.4	1.2	5.7	7.4	7.9									

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Look at New and the Future	6	Understanding Parenting Mtg. 8	4.4 7.9 8.5
Look at New and the Future	7	Looking Beyond Paternity Mtg 1	4.4 7.9
Look at New and the Future	8	Looking Beyond Paternity Mtg. 2	1.5 4.4 5.7
Look at New and the Future	9	Looking Beyond Paternity Mtg. 3	4.4 5.2 5.7
Look at New and the Future	10	Looking Beyond Paternity Mtg. 4	4.4 7.4 7.9 8.5
Look at New and the Future	11	Looking Beyond Paternity Mtg. 5	4.4 7.9
Where You Live	1	Your Home Mtg. 1	0.4 5.2 7.10 7.4
Where You Live	2	Your Home Mtg. 2	0.4 1.4
Where You Live	3	Your Home Mtg. 3-7	1.1 1.4 5.7 7.10 7.4
Where You Live	4	Your Neighborhood	0.4 1.1 5.7 7.10 7.4
Taking Care of Business	1	Jump Starting Your Future Mtg. 1	1.4 8.3
Taking Care of Business	2	Jump Starting Your Future Mtg. 2	1.4 8.3 8.4 9.6
Taking Care of Business	3	Thinking About School Mtg. 1	0.4 1.4 8.7
Taking Care of Business	4	Thinking About School Mtg. 2	1.4 8.7 9.4
Taking Care of Business	5	Thinking About School Mtg. 3	0.4 1.1 1.4 8.3
Taking Care of Business	6	Thinking About School Mtg. 4	1.1 1.4 8.3
Taking Care of Business	7	Thinking About School Mtg. 5	1.1 1.4 8.4 9.6
Taking Care of Business	8	Thinking About Work Mtg 1	8.2 8.3 8.4
Taking Care of Business	9	Thinking About Work Mtg 2	0.4 1.4 9.1 9.2 9.3 9.5
Taking Care of Business	10	Thinking About Work Mtg 3	1.4 8.3 8.4 9.1 9.2 9.3 9.5
Taking Care of Business	11	Thinking About Work Mtg. 4	0.4
Taking Care of Business	12	Thinking About Work Mtg 5	9.2

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Taking Care of Business	13	Your Money Mtg. 1	8.5 8.6
Taking Care of Business	14	Your Money Mtg. 2	0.2 1.4 8.5 8.6
Taking Care of Business	15	Your Money Mtg. 3	1.4 8.6
Taking Care of Business	16	Your Money Mtg. 4	8.6
Taking Care of Business	17	Your Money Mtg. 5	
Taking Care of Business	18	Your Money Mtg. 6	1.4 8.5
Taking Care of Business	19	Your Money Mtg. 7	1.4 8.5
Taking Care of Business	20	Your Money Mtg. 8	8.5
Taking Care of Business	21	Your Money Mtg. 9	0.2 1.4 8.5
Connections + Prep	1	Personality	1.1.1 1.3.4
Connections + Prep	2	Personality	1.1.1 1.1.4 1.3.1 1.3.2 1.3.4
Connections + Prep	3	Personality	0.2.1 0.4.3
Connections + Prep	4	Relationships	7.2.1 7.4.1 7.4.2 7.4.3
Connections + Prep	5	Relationships	0.2.1 7.2.1 7.4.2 7.4.3
Connections + Prep	6	Relationships	7.2.1 7.2.2 7.2.6
Connections + Prep	7	Relationships	7.12.1 7.2.1 7.2.2 7.2.4 7.2.6
Connections + Prep	8	Communication	0.3.3 0.3.5 7.4.1 7.8.1 7.8.2 7.8.3
Connections + Prep	9	Communication	0.3.5 03.3. 7.8.4 7.8.6
Connections + Prep	10	Communication	0.3.3
Connections + Prep	11	Marriage	7.2.1 7.2.6 7.2.9
Connections + Prep	12	Marriage	7.3.1 7.3.2
Connections + Prep	13	Marriage	7.3.1 7.3.2 7.3.3

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Connections + Prep	14	Marriage	
Connections + Prep	15	Marriage	7.3.3 7.4.9
Connections + Prep	16	Marriage	0.2.3
Connections + Prep	17	Marriage	1.2.2 1.2.3
Connections + Prep	18	Marriage	7.3.5
Connections Dating & Emotions	1	Getting Ready	7.12.1 7.2.1 7.2.6
Connections Dating & Emotions	2	Getting Ready	0.3.1 0.3.3 1.1.5
Connections Dating & Emotions	3	Going Out	0.2.2 0.3.3 1.1.1 1.1.2 7.12.1 7.2.1
Connections Dating & Emotions	4	Going Out	1.1.2 7.12.1 7.2.1 7.2.2
Connections Dating & Emotions	5	Going Out	7.2.1 7.2.6
Connections Dating & Emotions	6	Going Out	0.3.3 0.3.5 7.2.10
Connections Dating & Emotions	7	Going Out	7.2.2 7.2.4
Connections Dating & Emotions	8	Going Out	7.2.5 7.6.1 7.6.2
Connections Dating & Emotions	9	Going Out	7.2.4
Connections Dating & Emotions	10	Defining the Relationships	7.2.4
Connections Dating & Emotions	11	Defining the Relationship	
Connections Dating & Emotions	12	Defining the Relationship	0.3.4
Connections Dating & Emotions	13	Defining the Relationship	0.3.6
Connections Dating & Emotions	14	Starting Over	0.3.1 0.3.3 0.3.4
Connections Dating & Emotions	15	Starting Over	7.2.1 7.2.10 7.2.2 7.2.6
Unequal Partners	1	It's My Future	1.4.2 1.4.4 1.4.5 1.4.6 1.4.7 1.4.8
Unequal Partners	2	More Than Just Friends	7.1.1 7.2.1 7.2.2 7.2.4 7.2.6 7.2.7

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Unequal Partners	3	Everybody Has Problems Part 1	7.1.4
Unequal Partners	4	It's the Law	3.4.2
Unequal Partners	5	Everybody Has Problems Part 2	0.2.2
Unequal Partners	6	It's My Friend	7.1.4 7.12.2
Unequal Partners	7	Who's in Charge?	7.2.8
Unequal Partners	8	What's Your Advice?	7.11.3 7.2.1 7.2.2 7.2.8
Unequal Partners	9	Unequal Relationships, Unequal Risks	7.12.2 7.2.1 7.2.5 7.2.8
Unequal Partners	10	If I Knew Then What I Know Now	7.12.2
Unequal Partners	11	Warning Signals	7.2.2 7.2.6
Unequal Partners	12	What To Do?	0.3.3 0.3.5 0.3.6 7.2.6
Unequal Partners	13	What Does It Take...	7.12.1 7.12.2
Unequal Partners	14	In Their Own Voices	7.2.5 7.2.8
Unequal Partners	15	Getting Better or Getting Worse	0.2.2 7.12.2 7.2.5
Unequal Partners	16	Sex, The Law & Your Choices	7.12.1 7.12.2 7.13.3 7.9.5
Unequal Partners	17	Check It Out	0.3.1 0.3.2 0.3.3 0.3.4 7.12.1 7.12.2 7.2.1 7.2.10 7.2.2
Unequal Partners	18	Make The Connection	0.3.3 0.3.4 0.3.5 0.3.6
Unequal Partners	19	What's Your Opinion	7.12.1
Unequal Partners	20	If You Made The Law	7.12.1 7.12.2
Unequal Partners	21	What Do Adults Think?	0.3.1 0.3.2 0.3.3 0.3.4 0.3.6
Unequal Partners	22	A Community Affair	0.4.1 0.4.2 7.12.1 7.12.2
Unequal Partners	23	Focus on Males	4.4.1

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Unequal Partners	24	Reality Check	0.3.2
Unequal Partners	25	Finding Help	0.2.2
Love U 2	1	Maturing Issues, What I Value	0.2.1 1.1.1 1.1.2 1.1.3 1.1.4 1.1.6
Love U 2	2	Crushes 101	
Love U 2	3	Crushes 102	7.2.3
Love U 2	4	Attractions and Infatuation	7.2.1 7.2.9
Love U 2	5	First Relationships: Joys and Doubts	0.3.1 0.3.4 0.3.5 0.3.6 1.3.1 1.3.3 7.1.1 7.1.4 7.2.1 7.2.10 7.2.7 7.2.9
Love U 2	6	Falling In Love	0.3.1 7.1.1 7.1.4 7.2.1 7.2.2 7.2.7 7.2.9
Love U 2	7	What's Love, Three Sides of Maturity	7.2.1 7.2.6 7.2.9
Love U 2	8	Principals of Smart Dating	0.3.1 0.3.3 0.3.4 0.3.6 7.2.1 7.2.2 7.2.4 7.2.6 7.2.9
Love U 2	9	Dating and Emotions, Is It Healthy	7.12.1 7.2.1 7.2.10 7.2.2 7.2.4 7.2.5 7.2.6
Love U 2	10	The Law- Risk Dating Strategy, How to "Really"	0.3.1 0.3.3 0.3.6 7.12.1 7.2.1 7.2.10 7.2.2 7.2.4 7.2.6 7.2.9
Love U 2	11	Relationship Decisions and Breaking Up	0.2.1 0.2.2 0.2.3 0.2.4 0.2.5 0.2.6 7.12.1 7.2.5 7.2.8
Love U 2	12	Soul Food: The Power of True Love and Enduri	7.2.1 7.2.10 7.2.2 7.2.3 7.2.4 7.2.5 7.2.6 7.2.7 7.2.8 7.2.9 7.3.1 7.3.2 7.3.3 7.3.4 7.3.5 7.3.6
Love U 2	13	Peer Pressure: More Subtle Than You Think	0.2.3 0.2.4 0.2.5 0.2.6 0.3.1 0.3.3 0.3.4 0.3.6 7.1.3 7.1.4 7.2.4
Read to Me! I will Listen	1		0.3 1.2
Read to Me! I will Listen	2		0.3 1.2 1.3

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies																	
Read to Me! I will Listen	3		0.3	1.1	1.2	1.3														
Read to Me! I will Listen	4		1.1	1.2	1.3															
Mama I'm Hungry	1	Feeding Your Unborn Child	2.2																	
Mama I'm Hungry	2	Breast is best for baby and mom	3.1																	
Mama I'm Hungry	3	Strained, Smashed	6.1																	
Mama I'm Hungry	4	Fast Foods and Healthy Eating	6.1																	
Mama I'm Hungry	5	Food Plans for Picky Eaters	6.1																	
Mama I'm Hungry	6	She's a Preschooler	6.1																	
Mama I'm Hungry	7	Fat Proofing your Child	6.1																	
Mama I'm Hungry	8	Extra Planning for Vegetarian Kids	6.1																	
Mama I'm Hungry	9	Good Food and Childcare	6.6																	
Mama I'm Hungry	10	Food Shopping and your Budget	8.5																	
Mama I'm Hungry	11	Cooking with Mom	5.3	6.1																
Expectations and Reality	1	Searching for Love- But Not Marriage	7.1	7.2	7.3	7.4	7.6	7.7	7.8											
Expectations and Reality	2	Change Happens- We Can Cope	0.3	1.1	1.3	1.5	7.1	7.2	7.4	7.6	7.7	7.8								
Expectations and Reality	3	Faith and Ethnicity	0.3	0.4	1.1	1.2	1.4	7.1	7.2	7.3	7.4									
Expectations and Reality	4	Traditional Roles	0.1	0.2	0.3	0.4	1.2	1.4	7.3											
Expectations and Reality	5	Jealousy - Love's Opponent	0.2	0.3	1.2	1.3	7.1	7.2	7.4	7.6										
Expectations and Reality	6	Partner Abuse	7.2	7.6	7.7															
Expectations and Reality	7	Your Parents or Mine? Living With the In-Laws	0.1	0.2	0.3	0.4	1.2	1.4	1.5	7.2	7.4									
Expectations and Reality	8	On Moving In and Dropping Out	0.1	0.2	0.3	0.4	1.4	1.5	7.2	7.4										

## Competencies by Book and Chapter

Book Name	Chapter #	Title	Competencies
Expectations and Reality	9	Men who Don't Work and Women Who Do	0 1.2 1.4 1.5 7.10 7.2 7.4 7.8 8.1 8.2 8.3 8.5 8.7
Expectations and Reality	10	He's My Baby Too- Teen Dads are Involved	0.1 0.2 0.3 0.4 1.2 1.5 4.1 4.2 4.4 7.2 7.4 8.5 8.7
Expectations and Reality	11	Expectations and Realities	7.10 7.2 7.3 7.4 7.6 7.7 7.8
Dreams to Reality	1	Pregnant- Now What	2.1 2.2 2.3 2.4 2.5
Dreams to Reality	2	Coping With An Unplanned Pregnancy	2.1 2.2 2.3 2.4 2.5
Dreams to Reality	3	Those Early Days with Baby	3.2
Dreams to Reality	4	Relationship Problems - A Big Mess	1.3 1.4
Dreams to Reality	5	Turning Points	1.1 1.3 1.5 7.10 7.4 7.8
Dreams to Reality	6	Never Write Goals in Pencil	1.4
Dreams to Reality	7	What's Your Money Plan	8.5 8.6 8.7
Dreams to Reality	8	Some of Us Make Mistakes In Love	0 1.1 1.2 1.5 7.1 7.10 7.2 7.3 7.4 7.8
Dreams to Reality	9	Life Throws a Curve Ball	0.1 0.2 0.3 1.2 1.5 7.10 7.2 7.4 7.8
Dreams to Reality	10	Starting College	0.2 1.4 1.5 7.2 7.4
Dreams to Reality	11	Traveling the World as a Single Parent	8.5 9.5
Dreams to Reality	12	Setbacks Happen	0.2 1.5 7.10 7.4 7.8
Dreams to Reality	13	Life After College	7.9